



2016
Wellness
screenings
& Flu Clinics

* Screening Includes:

- Blood Pressure Check
- Fingerstick Cholesterol
- HDL Cholesterol
- Fingerstick Glucose (Blood sugar)
- Waist Circumference Measurement

*Fasting Encouraged but NOT Required.

The City of Chandler Wellness Program, through Blue Cross Blue Shield of Arizona and Healthwaves, has made arrangements for the 2016 on-site Screenings + FLU & Pneumonia Clinics.

PROCESS:

You will need to bring your COC ID Card and your BCBSAZ Medical ID Card. Healthwaves will require you to complete a consent form in order to receive your screening and/or shot(s). The City of Chandler offers the biometric screenings to all employees whether on the medical plan or not. Dependents of COC employees on the BCBSAZ medical plan are also invited to participate.

DATE	DAY	TIME	LOCATION
10/18/16	TUES	8am - 12pm	Chandler City Hall 175 S. Arizona Ave., Chandler, AZ -- Training Room A & B
10/20/16	THURS	8am - 12pm	Police Substation - South 4040 E Chandler Heights Rd -- Community Room
10/20/16	THURS	1pm - 5pm	Streets 975 E Armstrong Way, Bldg C - Break Room
10/25/16	TUES	6am - 11am	Municipal Utilities 975 E Armstrong Way, Bldg J--Wastewater Conf. Room
10/26/16	WED	7am - 10am	Tumbleweed Recreation Park 745 E Germann Rd -- Cotton Room South
10/26/16	WED	1:30pm - 5:30pm	Parks & Facilities 650 E Ryan Rd -- Training Room
10/27/16	THURS	8am - 12pm	Chandler City Hall 175 S. Arizona Ave., Chandler, AZ -- Training Room A & B
10/27/16	THURS	2pm - 7pm	Main Police Station 250 E Chicago St., Chandler, AZ -- Community Room
11/01/16	TUES	8am - 12pm	Chandler City Hall 175 S. Arizona Ave., Chandler, AZ -- Training Room A & B
11/01/16	TUES	3pm - 7pm	Main Library 22 S Delaware- Copper Room North
11/03/16	THURS	5am - 11am	Main Police Station 250 E Chicago St., Chandler, AZ -- Community Room

FLU Shot Quadrivalent
(\$40 for non-covered participants)
Pneumonia Shot
(\$105 for non-covered members)

- You should not receive either vaccine if you:
- Have ever had a serious allergic reaction to eggs or to either vaccine
 - Have a fever, acute respiratory or other active infection or illness
 - Have a history of Guillain-Barre Syndrome

Family members, with BCBS Card, are also invited to participate. Children must at least be 4 years old and accompanied by a parent or legal guardian.

To Schedule your
Screening appointment
please click:
Or call Healthwaves at
(480)968-1886

